



Case Management Experience

Sarah is a highly effective Senior Neuro Physiotherapist with 18 years of experience leading the end-to-end assessment and rehabilitation of patients with a diverse variety of complex injuries and conditions. This includes extensive experience managing trauma, orthopaedic, spinal injury, respiratory musculoskeletal, pain, pelvic health, neonatal, surgical and neurological patients. She has worked across a broad range of clinical settings within both the NHS, private healthcare and private practice. Sarah is renowned for her holistic, personable and patient-centric approach and for consistently achieving optimal outcomes for her clients. She continually expands her skills and expertise through a range of continuing professional development activities.

Specialisms

- Physiotherapy
- Neurorehabilitation
- Trauma & Orthopaedics
- Pelvic Health
- Spinal Injury
- Pain
- Post-Operative Rehabilitation

Qualifications

- BSc (Hons) Physiotherapy
- BSc (Hons) Chemistry

Professional Background

Sarah is a Senior Physiotherapist with almost two decades of diverse experience. Within her current private practice activity Sarah is responsible for primary care assessment and the management of a wide range of orthopaedics, pain, musculoskeletal and neurological patients. From 2017 to 2018, Sarah held a Senior Physiotherapist role at BMI's Sarum Road Hospital, specialising in the post-operative surgical management and rehabilitation for orthopaedic and spinal surgery patients, both trauma and elective. From 2016 to 2017, Sarah worked as a Bank Physiotherapist at Spire Southampton and Nuffield Chandlers Ford. Within this role, she held responsibility for the assessment, management and treatment of inpatient trauma and elective orthopaedic patients. She was also accountable for the respiratory and orthopaedic management and treatment of post-operative surgical patients and the delivery of inpatient neurorehabilitation. Sarah's earlier experience includes three years as Senior Physiotherapist at Queen Alexandra Hospital, working within elderly medicine, rehab and stroke and extensive experience in various respiratory wards.

Memberships

- Chartered Society of Physiotherapy
- Health & Care Professions Council
- British Thoracic Society
- POGP

Ages Covered

- Adults & Paediatrics



Career History

Physiotherapist

Private Practice
(2021 – Present)

First Contact Practitioner

St Clemets Winchester & The Gratton Sutton
Scotney
(2019 – Present)

Advanced Musculoskeletal Practitioner

Various GP Clinics
(2018 – Present)

Bank Physio (Orthopaedics)

BMI
(2018 – Present)

Senior Physiotherapist (Orthopaedics)

BMI
(2018 – 2018)

Bank Physiotherapist (Orthopaedics)

BMI
(2017 – 2017)

Bank Physiotherapist

Spire Southampton & Nuffield Chandlers Ford
(2016 – 2017)

Self Employed Physiotherapist

Lowford Health Practice
(2015 – 2016)

Senior Physiotherapist (Elderly Medicine, Rehab & Stroke)

Queen Alexandra Hospital
(2009 – 2013)

Band 6 Locum Physiotherapist (Physiotherapist)

East Surrey Hospital Redhill
(2008 – 2008)

Career History Continued

Band 6 Locum Physiotherapist (Respiratory)

Prince Phillip Hospital Llanelli
(2008 – 2008)

Band 6 Physiotherapist (Inpatients Rotational)

Whittington Hospital London
(2007 – 2008)

Band 6 Physiotherapist (Outpatients)

Whittington Hospital London
(2007 – 2007)