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## Professional Experience

Kathryn is a highly proficient senior physiotherapist with fourteen years of diverse experience. Throughout her career, she has led the assessment and treatment of complex cases across trauma and orthopaedics, musculoskeletal outpatients and respiratory medicine. She specialises in neurology, with extensive experience operating within hyper acute & acute rehabilitation units, spinal management units and community settings. Throughout her career, Kathryn has supported the delivery of robust, integrated care via close collaboration with multi-disciplinary teams and non-NHS departments. She has also led the delivery of a variety of lectures and training workshops to medical and physiotherapy students and professionals. Additionally, she has provided senior-level clinical supervision, ensuring optimal service quality via robust operational management.

Kathryn is an accomplished expert witness with extensive experience utilising her clinical expertise to assess complex cases and provide authoritative and impartial reports. She is fully trained in the Civil Procedure Rules, including relevant revisions as they arise, and continually evolves her professional practice via regular training on a comprehensive range of relevant subjects.

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## Specialisms

- Orthopaedics
- Amputations
- Spinal Injury
- Brain Injury
- Sensory Impairment
- Psychological Injury
- Functional Neurological Disorders
- Peripheral Nerve Conditions & Injuries
- General Medical Conditions

## Qualifications

- BSc (Hons) Physiotherapy (First Class)
- BSc (Hons) Biology & English Literature

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## Career History

### Case Manager & Expert Witness Harrison Associates

**2019 - Present**

- For the case management side of the role; managing the end-to-end planning and delivery of complex cases for adults and young people with traumatic brain injuries.
- Supported cases regarding orthopaedic injuries and psychological conditions, including working with families impacted by the Grenfell Tower disaster.
- Securing funding and sourcing and coordinating multidisciplinary teams, including occupational therapists, physiotherapists, speech & language therapists and professionals from various neuro-science disciplines.
- For the expert witness side of the role; undertaking of complex neurological physiotherapy assessments and provision of reports detailing recommendations of physiotherapy needs.

### Senior Physiotherapist (Community Neurological Rehabilitation) Southern Health NHS Trust

**2018 - Present**

- Treating adults with long-term neurological conditions within the community, including Parkinson's Disease, Motor Neurone Disease and Multiple Sclerosis. Provision of amputee rehabilitation.



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## Career History Continued

### Senior Neurological Physiotherapist

Wessex Neurological Centre (Southampton University Hospital)

**2013 - 2018**

- Led the assessment and treatment of patients with complex neurological conditions following strokes, traumatic brain injuries, spinal injuries and chronic conditions.
- During this time, completed extensive training including courses regarding hydrotherapy for neurological patients, spasticity management, specialist seating and advanced Bobath modules in normal movement and the assessment and treatment of neurological patients.
- Drove significant performance improvements via the leadership of service development projects, including development of pathways for spasticity management and positioning & specialist seating for postural control.

### Senior Physiotherapist (Neurology)

Princess Royal University Hospital

**2010 - 2013**

- Provision of inpatient assessment and treatment of patients with strokes, traumatic brain injuries, and chronic conditions.
- Treatment of neurological patients in outpatient rehabilitation clinics.
- Provided support and training to other physiotherapy teams where outlying patients with neurological conditions were placed.
- Service development in respiratory and post stroke acute positioning care for nursing staff.

### Rotational Senior Physiotherapist

Princess Royal University Hospital

**2009 - 2010**

- Rotational physiotherapy position including four monthly placements treating patients in all areas of the hospital including trauma and orthopaedics, cardiac and respiratory intensive care, musculoskeletal outpatients and hydrotherapy, general surgery and neurology.

### Rotational Physiotherapist

Kingston Primary Care Trust

**2008 - 2009**

- Rotational physiotherapy position including three monthly placements treating patients in elderly care, community rehabilitation, falls prevention, neurological inpatients and outpatients and musculoskeletal and amputee outpatients.

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## Memberships

- Health & Care Professions Council
- Chartered Society of Physiotherapy
- Association of Chartered Physiotherapists in Neurology

## Ages Covered

- Adults only.