



Professional Experience

Clare is a senior occupational therapist with 13 years of experience leading the assessment and treatment of adults, specialising in complex trauma and neurological conditions. She has experience across acute mental health, intermediate care, major trauma unit, acute & hyper acute stroke unit, neurological rehabilitation and community settings. This has included the management of patients with polytrauma injuries, including traumatic brain injuries, spinal cord injuries, complex orthopaedic injuries and amputations.

As an expert witness, Clare leverages the skills and expertise generated during her education and extensive clinical experience to provide objective and insightful reports across a diverse range of cases. She is fully trained in Civil Procedures Rules, including relevant revisions as they arise. She continually expands and enhances her medico-legal expertise via a variety of training and development activity.

Specialisms

- Neurological Conditions & stroke
- Spinal Injury
- Brain Injury
- Guillain Barré Syndrome
- Polytrauma & Orthopaedic Injuries
- Mental Health
- Care, Aids & Equipment and Occupational Therapy Reports

Qualifications

- BSc (Hons) Human Sciences (First Class)
- Post Graduate Diploma Occupational Therapy

Career History

Advanced Practice Development Occupational Therapist Broomfield Hospital

2021 - Present

- Works across the hospital to facilitate discharges and support the development of junior staff and students.
- Clinical work covers all clinical areas including brain injury, stroke, orthopaedics, elderly, medical, surgical.

Therapies & Rehabilitation Service Lead Sue Ryder, The Chantry

2019 - 2021

- Held comprehensive clinical leadership responsibility for the Therapies & Rehabilitations service within a level two neurological rehabilitation unit.
- Led a multi-disciplinary team in providing specialist intensive inpatient input to patients with a comprehensive range of neurological conditions, including stroke, traumatic brain injury and Guillain Barré syndrome.
- Advised the local Clinical Commissioning Group on complex cases.
- Led a successful adaption to the impact of the pandemic, including introducing an outreach service.
- Performed assessments under the Mental Capacity Act, chaired challenging family meetings and worked closely with social services and other partners.



Career History Continued

Specialist Neurological Occupational Therapist North East London Foundation Trust

2017 - 2019

- Worked in a specialist community neurological service, working with patients with acquired brain injury and long-term neurological conditions.
- This involved managing the rehabilitation of individuals with complex physical, cognitive, psychological and communication impairments.
- Supported junior staff and led the delivery of various projects including a service audit and establishing a rehabilitation assistant competency framework.

Senior Occupational Therapist Royal London Hospital

2015 - 2017

- Worked on the major trauma unit, assessing patients with polytrauma including spinal, brain and orthopaedic injuries and amputations.
- Advised on care packages and residential placement within elderly medicine.
- She also gained significant experience within the acute and hyperacute stroke unit and completed a secondment in the complex discharge team.

Senior Occupational Therapist (Community Rotation) Surrey Community Health

2012 - 2015

- Led occupational therapy delivery for patients with neurological conditions, working within a stroke team for early discharge, a community rehabilitation team and a rapid response & falls team.

Occupational Therapist (Community Rotation) Surrey Community Health

2010 - 2012

- Obtained experience across a variety of settings, including community paediatrics and intermediate care.

Occupational Therapist Surrey and Borders Partnership Trust

2009- 2010

- Acute mental health for Working age adults

Memberships

- British Association of Occupational Therapists
- Health & Care Professions Council

Ages Covered

- Adults